

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.

1. Name and Address of Reporting Person* <u>ROUSSEAU JON B</u> (Last) (First) (Middle) <u>C/O BRIGHTSPRING HEALTH SERVICES, INC.</u> <u>805 N. WHITTINGTON PARKWAY</u> (Street) <u>LOUISVILLE KY 40222</u> (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>BrightSpring Health Services, Inc. [BTSG]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) <input checked="" type="checkbox"/> Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) See Remarks
	3. Date of Earliest Transaction (Month/Day/Year) <u>03/20/2026</u>	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options (Right to Buy)	\$22.29	03/20/2026		G ⁽¹⁾			180,753	(4)	11/22/2033	Common Stock	180,753	\$0	447,355	D	
Stock Options (Right to Buy)	\$22.29	03/20/2026		G ⁽¹⁾		180,753		(4)	11/22/2033	Common Stock	180,753	\$0	180,753	I	By Rousseau Family Trust ⁽⁵⁾
Stock Options (Right to Buy)	\$22.29	03/20/2026		G ⁽²⁾		192,704		(4)	11/22/2033	Common Stock	192,704	\$0	254,651	D	
Stock Options (Right to Buy)	\$22.29	03/20/2026		G ⁽²⁾		192,704		(4)	11/22/2033	Common Stock	192,704	\$0	192,704	I	By Spouse ⁽⁵⁾
Stock Options (Right to Buy)	\$22.29	03/20/2026		G ⁽³⁾		192,704		(4)	11/22/2033	Common Stock	192,704	\$0	0	I	By Spouse ⁽⁵⁾
Stock Options (Right to Buy)	\$22.29	03/20/2026		G ⁽³⁾		192,704		(4)	11/22/2033	Common Stock	192,704	\$0	192,704	I	By The Margaret Rousseau Children Trust ⁽⁵⁾

Explanation of Responses:

- Represents a bona fide gift by the Reporting Person to the Rousseau Family Trust.
- Represents a bona fide gift by the Reporting Person to the Reporting Person's spouse.
- Represents a bona fide gift by the Reporting Person's spouse to The Margaret Rousseau Children Trust.
- These options are fully vested.
- The Reporting Person states that this filing shall not be an admission that the Reporting Person is the beneficial owner of any of the securities reported herein as indirectly owned, and the Reporting Person disclaims beneficial ownership of such securities except to the extent of the Reporting Person's pecuniary interest therein.

Remarks:

Title: Chairman, President and Chief Executive Officer

/s/ Jennifer Phipps, as Attorney-in-Fact 03/24/2026

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.